

## YOUTH SPORTS

### SANDPOINT YOUTH SPORT REVERSIBLE JERSEYS

Sandpoint Parks & Rec. uses red / white reversible sport jerseys for City sponsored team sports in grades 1-8 (football, volleyball, basketball). Special THANKS to LITEHOUSE DRESSING for their continued support of our jersey program. Cost per jersey is \$14.

### FREE OPEN GYM BASKETBALL (grades 3-12)

**DATES:** Nov. 12 – Mar. 11 (No open gym on February 4.)

**TIME:** Sundays, 3:00 – 4:30pm

**LOCATION:** Sandpoint High School (Availability subject to change.)

This is NOT a supervised activity although a gym monitor is present. For more info, contact Parks & Recreation at (208) 263-3613 or [www.sandpointidaho.gov](http://www.sandpointidaho.gov).

### LITTLE DRIBBLERS -Basketball for kids in 1st & 2nd Grades

This new clinic style program is geared towards kids in grades 1 & 2. This program is designed to introduce the kids to the sport of Basketball, teach them the basics of the game with a heavy emphasis on dribbling and ball handling.

Sandpoint Youth Sports Jersey is required.

**REGISTRATION DEADLINE:** Monday, January 22, 2018

**DATES:** Wednesday's, February 14, 21, 28 March 7, 14, 21

**TIME:** 2:30 - 4pm (1st grade) 4-5:30pm (2nd grade)

**LOCATION:** Kootenai Elementary School

**FEE:** \$23 (\$5 City Discount)

### YOUTH BASKETBALL - For kids in grades 3 – 8

Our focus is on FUN and FUNDAMENTALS. Play in this program will be split into 3/4 Girls, 3/4 Boys, 5/6 Girls, 5/6 Boys, 7/8 Girls and 7/8 Boys. Practices will be held once per week at area schools. Sandpoint youth sport jerseys are required. Look for our winter flyer the beginning of December.

Scholarships available (\$50 max per child per booklet)

**REGISTRATION DEADLINE:** Monday, January 8, 2018

**GAMES:** Saturdays, Feb 10 – Mar. 17, 2018

**FEES:** 1 Player:\$38 County/\$33 City

2 Players: \$66 County/\$56 City

3 Players: \$89 County/\$79 City

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6 | Saturday, October 21, 2017

Sandpoint Parks & Rec

**RHYTHMIC & ACROSPORT GYMNASTICS: Co-Ed. Ages 6 – 18**

Two different forms of gymnastics taught in a recreational format: Wear non-baggy athletic clothing. Each session is 6 weeks long.

RHYTHMICS is a beautiful activity that combines elements of ballet, gymnastics, dance, and manipulation of 5 apparatus; ball, clubs, hoops, ribbon and rope into skills & routines to music.

ACROSPORT uses partners and groups working together to perform acrobatic skills of tumbling, lifts, balances, tosses and catches of partners in combination with dance. Gymnasts of all sizes are needed. Bases are bigger and strong. Tops are petite.

**REG. DEADLINES:** Fall - Oct 13, 2017

Winter - Jan 5 & Feb 16, 2018

Spring - April 6, 2018

**DAY & TIME:** Wednesdays,

Beginners: 3:30-4:30pm

Intermediates 4:30-5:30pm (by inst. permission only)

Advanced: 5:30-6:30pm (by instr permission only)

**SESSIONS:** Fall - Oct 18 – Nov 22, 2017

Winter - Jan 10 – Feb 14, and Feb 21 – Mar 28, 2018

Spring - Apr 11 – May 16, 2018

**LOCATION:** Community Hall (204 S. 1st Ave.)

**FEES:** \$43 (\$5 City discount)

**MIN/MAX :**5/10 per class level

**CHILDREN'S INTRO TAEKWONDO- KARATE / SELF DEFENSE**

Taught by Sandpoint Taekwondo, [www.SandpointKarate.com](http://www.SandpointKarate.com), (208) 610-2577. This course teaches basic self-defense skills and highlights the importance of self-discipline and character building in a child friendly setting. Includes 2 weeks of lessons and a uniform. Beginner classes are held Tuesday and Thursday from 3:15 - 4:00. **For your first lesson, please arrive 25 minutes early to be fitted in uniform. If this is not possible, please call to arrange a time.**

Register for these classes online through Sandpoint Parks & Recreation (208) 263-3613. For more info, contact Sandpoint Taekwondo at (208) 610-2577 or [SandpointKarate@aol.com](mailto:SandpointKarate@aol.com)

**LOCATION:** Sandpoint Taekwondo Center 218 Main Street

**TIME:** 3:15 - 4:00 pm

**AGES:** 5-13

**FEE:** \$52 (\$2 City discount)

**MIN/MAX:** 3/10

**Session #1** - Starts Thursday, November 2.

**REGISTRATION DEADLINE:** October 30

**Session #2** - Starts on Thursday, March 1.

**REGISTRATION DEADLINE:** February 26

**YOUTH ENRICHMENT**

**BABYSITTER'S TRAINING COURSE: Ages 12 - Adult**

Sandpoint Parks and Rec is pleased to announce that we are offering a Babysitters Training Course. CPR will be introduced but not certified. Bring a sack lunch. Pre-registration is required.

**REGISTRATION DEADLINE:** Thursday, Oct 19, 2017

**DATE:** Saturday, Nov 4, 2017

**TIME:** 8am-5pm

**LOCATION:** City Hall (1123 Lake Street) – Council Chambers

**FEE:** \$48 (\$2 City discount)

**MIN/MAX:** 4/8